

## PSHE and RSE POLICY

*Leigh Academy Molehill is committed to safeguarding and promoting the mental and physical welfare of children and expects all staff and volunteers to share this commitment.*

<b>Document title:</b>	<b>PSHE and RSE Policy</b>
<b>Policy Status</b>	<b>Approved</b>
<b>Date of Issue</b>	<b>September 2025</b>
<b>Date to be revised</b>	<b>September 2026</b>

The role of PSHE and RSE is to enable children to become healthier, more independent and more responsible members of society. We encourage our children to play a positive role in contributing to the life of the school and the wider community. In doing so, we help develop their sense of self-worth. We teach them how society is organised and governed. We ensure that the children experience the process of democracy through participation of different councils such as the Arts and School Council. We teach children both about their rights and about their responsibilities. They learn to appreciate what it means to be a positive member of a diverse and multicultural society.

### Teaching and Learning of PSHE

The PSHE and RSE curriculum framework will be taught as discrete lessons but also embedded within the Primary Years Program (PYP). Teachers will ensure that all areas of the curriculum are covered by using the Kapow Primary scheme, whilst allowing children to undertake activities that allow children to understand the importance of their physical and mental wellbeing as well as staying safe in school and in the wider world.

### Curriculum

The PSHE curriculum requires: schools to open a conversation about physical and mental wellbeing, with both areas being of equal importance. Primary children are required to explore:

- Respect for and understanding of physical and mental wellbeing in others, and how to recognise and manage their own including an understanding of first aid.
- Respect, understanding and tolerance of people's identity including religion, race, gender and sexual orientation. Including stereotypes.
- Harmful substances, and the effect that they have on the human body,
- Changes in the human body as they progress into adolescence, including menstruation before onset,
- Bullying and the effect it has on physical and mental well-being.
- How to manage risks in each area and where to seek guidance or help.

### The RSE curriculum explores:

- healthy friendships and relationships – including permission seeking and consent.
- the importance of respecting others and their right to choice; including gender and same sex marriage.
- bullying, both online and in the wider world and the impact that this has on physical and mental well-being,

- online relationships, including danger signs and guidance
- guidance on managing the risks in each area above, as well as seeking help.

***The RSE and PSHE curriculum are both statutory. Parents have a right to withdraw their child from sexual education only.***

**Policy to be renewed: September 2026**